



2024 - 25 Group Lessons and Open Fencing Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 - 6:00 Veterans Sabre Open Fencing		4:00 - 6:30 Veterans Sabre Open Fencing	5:00 - 6:30 Youth Sabre	5:00 - 6:30 Youth Sabre	9:00 -10:30 Div 3 EPEE 9:00 -10:30 Y10/Y12 EPEE Footwork & Competitive Fencing
5:00 - 6:00 Little Musketeers Class 7-9 y.o.	5:00 - 6:30 (**Y12)Y14, Cadets EPEE FW & Competitive Fencing	5:00 - 6:30 Youth/Teen EPEE	5:00 - 6:30 Y10/Y12 EPEE	5:00 - 6:30 (**Y12)Y14, Cadets EPEE FW & Competitive Fencing	10:00 - 11:30 Youth/Teen Sabre
6:40 - 7:40 Y14/Cadet/Junior All Weapon Footwork	6:00 - 7:00 Body Strength Development 6:40 - 8:40 Y-14/Cadet/JR EPEE FW & Competitive Fencing	5:00 - 6:30 Interm. FOIL	5:00 - 6:30 Tech./Tact. FV	6:40 - 8:40 Y-14/Cadet/JR EPEE FW & Competitive Fencing	10:30 - 11:30 Div 1, 2 & 3 EPEE Footwork
7:30 - 10:00 EPEE & FOIL Open Fencing*	7:30 - 10:00 EPEE, FOIL & SABRE Open Fencing Members Only	6:40 - 7:40 All Weapon Footwork 7:40 - 8:40 Div 1(A,B,C) Div 3 EPEE Situational Fencing	7:40 - 9:10 Advanced FOIL	6:00 - 8:00 Advanced FOIL	11:30 -12:30 Div 1 EPEE Situational Fencing 12:30 - 1:30 Youth/Teen EPEE Footwork & Fencing
Non-members must be HS age or over		8:00-10:00 FOIL & SABRE Open Fencing Members Only		7:30 - 10:00 EPEE Open Fencing	12:30 - 1:30 Body Strength Development
				6:30 - 10:00 EPEE, FOIL & SABRE Open Fencing Members Only	11:00 AM - 1:30 PM Veterans EPEE Open Fencing
*OPEN FENCING NIGHTS REGULATIONS: 1. Open fencing is free for our primary Medeo members. 2. We welcome guest fencers, non-members coming for open bouting must be HS age or over. 3. All fencers must be members of USA Fencing. 4. Proper attire (according to USA Fencing rules) is mandatory! This includes fencing pants (knickers) and knee socks!					

****All Y12 fencers must be primary MEDEO members and have personal coach's approval in order to attend Y-14, Cadets EPEE groups on Tuesdays and Fridays**
 Your official age group, for class purposes, is the lowest age group you are eligible to fence. For competitive purposes that age group is your main focus.

BEGINNER-INTERMEDIATE CLASSES (Beginner Classes begin Labor Day Week- late starters are subject to private instruction before starting grps)						
EPEE	Wednesday 5:00 - 6:30 Beginner-Int	Saturday 12:30 - 2:00 Beginner-Int	FOIL	Tuesday 5:30 - 7:00	SABRE	Wednesday 5:00 - 6:30

2024-25 Age Groups: Y10 = Born 2014–2017 Y12 = Born 2012–2015 Y14 = Born 2010–2013	Cadet (through JO's) = Born 2008–2011 Junior (through JO's) = Born 2005–2011 Junior (after JO's) = Born 2006 - 2012 Vet Combined = Born 1985 or earlier	Competition Categories by Division: Div 1: Fencers born 2011 or earlier that are rated A, B or C Div 2: Fencers born 2011 or earlier that are rated C, D, E or U (Unrated) Div 3: Fencers born 2011 or earlier that are rated D, E or U (Unrated) <small>For all exceptions to age and division eligibility criteria please consult the Athlete's Handbook at USAFencing.org</small>
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